



Date: \_\_\_\_\_

To the Manager of Human Resources:

As a current employee of \_\_\_\_\_ and a registrant of the Group Benefit Plan administered by \_\_\_\_\_, I am requesting coverage of Reflexology under the Extended Health Care Plan.

Reflexology is a renowned health care modality throughout the world and is complementary to mainstream medicine. It has been proven effective for relaxation, relieving tension and stress, and in my experience, it is an effective way of maintaining my health.

Therapists of the Reflexology Association of Canada are bound by the Association's By-Laws, Standards of Practice, and Code of Conduct and Ethics and a public complaint process. Approved therapists must join a Continuing Education program to receive the designation of RCRT™ (Registered Canadian Reflexology Therapist).

I submit that the Reflexology Association of Canada's Reflexology Therapists are qualified service providers and, as such, their clients should have the added benefit of being able to claim reflexology treatments through our Group Benefit Plan.

As an employee, I ask that you consider adding this modality.

Yours sincerely,

\_\_\_\_\_  
Employee name

\_\_\_\_\_  
Employee number and/or Job Title

